

**875—174.3(90A) Protective equipment.**

**174.3(1) *Hand protection.*** Practice wraps (training handwraps) may be used in lieu of compliance with rule 875—173.9(90A). Gloves weighing 16 ounces shall be worn by both contestants if either contestant weighs 147 pounds or more. If both contestants weigh less than 147 pounds, both contestants shall wear gloves weighing at least 10 ounces.

**174.3(2) *Body protection.*** All male contestants shall wear a foul proof protective cup. All female contestants shall wear foul proof pelvic area protection and breast protection.

**174.3(3) *Head protection.*** The promoter shall provide and the contestants shall wear protective headgear. A contestant will not be required to wear head protection if the contestant signs a waiver that the contestant has voluntarily decided not to wear the protective headgear.

**174.3(4) *Mouth protection.*** A mouthpiece shall be worn by all contestants throughout the bout. If the mouthpiece is knocked from a contestant's mouth, it shall be replaced with no penalty. Any contestant who deliberately spits out a mouthpiece shall be cautioned the first time, the referee shall deduct one point from each judge's scorecard the second time and the contestant will be disqualified the third time. Before being replaced, the mouthpiece shall be washed.

**174.3(5) *Hair protection.*** Where necessary, hair shall be secured in a manner that it will not interfere with the vision or safety of either contestant.